**The walks around the Applecross House** policies were opened to the public in 1997 by the Applecross Trust. Some paths were restored and a new network created with grant assistance for the enjoyment of the general public. Since then many people have enjoyed the beautiful environment of Applecross estate. The trustees of the estate hope to expand the network of paths in future. Most of the long distance paths were originally the main overland routes between the different crofting townships around the coastline, and are again in regular use for recreational purposes.

### Beech and River Walks

Along the riverside and through mature beech trees near Applecross House, Highland cows and ponies often graze the adjacent fields.

### Milton Walk

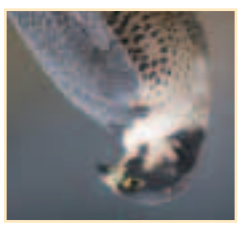
Leaving the campsite and farm the track passes through Carnoch hazel wood and a conifer plantation before reaching Torgarve. It descends to Loch a Mhuillin and follows the track along the bottom of the Milton crofts. Swans and ducks are often on the loch and otters are sometimes seen. There are steps and steep slopes on this walk.

### Smiddy and Keppoch Walk

A longer walk with views over to Raasay, the Cuillins on Skye and the Applecross glen. You pass by an old ice pond and a former reservoir, then move into an area set aside for native woodland regeneration. After this on the hillside are the remains of the lime kilns. Crossing the main road you continue through a cleared conifer plantation and descend to the old Smiddy.

### Arboretum Walk

After leaving the walled garden area you pass by the former Ice House before entering the 1960's plantation of native and exotic trees. This is a short, pleasant woodland walk joining back on to the drive of Applecross House.



### Roe's Walk

Starting along the riverbank the path turns in a clockwise direction and follows the Allt Beag before bending back on itself. Deer are often seen in this area and you might find fungi such as Chanterelle mushrooms at the edge of the track in parts. The walk continues past the Sawmill and the Deer larder. Stout footwear is recommended.

Public roads
Other roads or tracks
Footpaths
Rivers or burns
Woodland
Parking
Campsite

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## Local Information

**Refreshments:**

| | |
|---|---|
| Applecross Inn | 01520 744262 |
| Flower Tunnel Cafe | 01520 744268 |
| Potting Shed Restaurant | 01520 744440 |

**Places to visit:**
Thatched House at Lonbain
Clachan Church and Heritage Centre
Walled Garden
Rockshelter at Sand Bay
Lime Kiln
Ice House

**Scottish Outdoor Access Code:**
No litter
Keep dogs under control
Leave gates as you find them
Don't feed farm animals or ponies
No fires
No wild camping
www.outdooraccess-scotland.com

**Camping**

| | |
|---|---|
| Applecross Campsite | 01520 744268 |

**Useful Contacts:**

| | |
|---|---|
| Doctor | 01520 744252 |
| Lochcarron Garage | 01520 722205 (RAC) |
| West End Garage | 01502 722329 (AA) |
| DMK Motors | 01520 722682 |

# Fáilte gu á Chomraich

## Welcome to Applecross

This intriguing but inaccurate name probably derives from misinterpretation of the Pictish "Aber Crosan", which means at the mouth of the Crosan River and would have been purely descriptive of the location of the settlement.

Recent archaeological digs at Sand have placed an ancient settlement there at 7,500BC (9,500 years ago), making the peninsula one of the earliest known settlements in Scotland. However, the Gaelic name for the peninsula, A'Chomraich (The Sanctuary) comes from much later. In 673 a.d. St. Maelrubha established a monastery and surrounding Sanctuary at Clachan, second only to Iona in terms of religious importance.

To this day Applecross remains one of the remotest areas of Britain with the sense of peace and tranquillity that this brings. With its wonderful, varied scenery and abundance of wildlife, we hope that you will find Applecross a special place to visit and that you will enjoy and respect the special charm and way of life here.

For those wishing to learn more of the history of the peninsula, there is a Heritage Centre at Clachan, run by the Applecross Historical Society, which is well worth a visit.

### How to get to Applecross

Situated in Wester Ross, Applecross is approached from Inverness in about 2 hours by way of Garve, Achnasheen, Lochcarron and finally by the spectacular Bealach na Ba, the Pass of the Cattle. Alternatively, the low level coastal route from Shieldaig in the North, provides a scenic contrast with views to the Torridon Hills, the Islands of Rona, Raasay and Skye and the dramatic wilderness of the North Applecross Peninsula.

APPLECROSS TRUST

Concept by Local Community Group, Design and Photography by Mike Phimister Commercial Services Ltd., Inverness www.mp-cs.com

APPLECROSS

# Scenic Walks

www.applecrosswalks.org.uk

# Walks on the Applecross Peninsula

The Cioch and Russel Burn

Golden Eagle (Aquila chrysaetos)

Thatched House, Lonbain
(last occupied in the late 1980's)

Rock Shelter, Sand
(9,500 year old Mesolithic dwelling)

Clachan Church (site of St. Maelrubha's monastic settlement 673 AD)

The view to Loch Kishorn from the Bealach na Ba.

Red Deer Stag (Cervus elaphus)

Walks to Airigh Drishaig and Uags are rigorous and ill defined in places. Walkers should ensure that they are properly equipped.

Otter (Lutra lutra)

Lime Kiln, Keppoch